

## Weekend Class Packing List

Please pack carefully. We recommend that you come prepared for both cool and warm temperatures and remember this will be an active weekend, so wear clothes you can move in. Please avoid suitcases by packing your gear in a pliable bag.

Suggested items to bring:

- ◆ Lunch for both Saturday and Sunday, Dinner for Saturday evening, Breakfast for Sunday morning. (The only exception is the All Women Weekend course, where meals are provided.)
- ◆ Sleeping bag and pillowcase (pillow provided)
- ◆ Earplugs (to block out sound at night, if needed)
- ◆ The key is clothing that can be layered or unlayered depending on the weather. Polypropylene or capilene long underwear recommended.
- ◆ Non-marking soft soled shoes – good quality deck shoes are an excellent investment
- ◆ Warm cap or sun hat - usually depends on time of year
- ◆ Rain gear (any PVC will do - - it need not be expensive)
- ◆ Wind breaker
- ◆ Shorts
- ◆ Fleece top and pants
- ◆ Wool socks
- ◆ Sunglasses and if applicable reading glasses
- ◆ Sunscreen and chapstick with SPF
- ◆ Mechanical pencil with eraser
- ◆ Textbook:
  - ASA 101 Basic Sailing: "Sailing Fundamentals" (by Gary Jobson)
  - ASA 103 Basic Coastal Cruising: "Sailing Fundamentals" (by Gary Jobson)
  - ASA 104 Bareboat Charter: "Cruising Fundamentals" (by Harry Munns)
  - ASA 114 Cruising Catamaran: "Multihull Fundamentals" (by Rick White)
- ◆ Toiletries plus bath and hand towel, washcloth (if desired) and shower flip flops
- ◆ We provide vest-style Type III PFD's (personal flotation devices) onboard our boats. If you have an inflatable PFD that you prefer, you are welcome to bring it. If traveling by airplane, you can visit your airline's website for the appropriate form needed to check the CO2 cartridge.
- ◆ Optional: Sailing gloves - if you own them. They will help you grip lines and will protect your hands.