

Learn-N-Cruise Packing List

(For the Standard, Intermediate and Advanced Learn-n-Cruise courses)

Please pack carefully. Be prepared for both cool and warm temperatures and remember that informal clothing is the rule in the islands. Please avoid suitcases by packing your gear in a pliable bag. Everyone will appreciate each other respecting the fact of limited storage space.

Suggested items to bring:

- ◆ Sleeping bag and pillowcase (pillow provided)
- ◆ Earplugs (to block out sound at night, if needed)
- ◆ Bath towel, shower flip flops, personal toiletries
- ◆ Fleece top and pants and wind-breaker and shorts
- ◆ Bathing suit (there may be a marina stop that will include pool and/or hot tub)
- ◆ Wool socks
- ◆ The key is clothing that can be layered or unlayered depending on the weather. Polypropylene or capilene long underwear recommended.
- ◆ Warm cap or sun hat – usually depends on time of year
- ◆ Sunglasses and if applicable reading glasses
- ◆ Sunscreen and chapstick with SPF
- ◆ Rain gear (any PVC will do - - it need not be expensive)
- ◆ Soft-soled non-marking shoes - good quality deck shoes are an excellent investment
- ◆ Textbooks for course:
 - Learn-n-Cruise: Sailing Fundamentals, Gary Jobson and Cruising Fundamentals, Harry Munns
 - Intermediate Learn-n-Cruise: Multihull Fundamentals, Rick White and Coastal Navigation Study Package (optional)
 - Advanced Learn-n-Cruise: Annapolis Book of Seamanship or Chapman's Piloting and Coastal Navigation Study Package (optional)
- ◆ Camera and Music CD's
- ◆ Calculator and mechanical pencil with eraser
- ◆ Wine, beer, or beverage of choice (allowed after anchor only) - soda, juice and water selection provided.
- ◆ We provide vest-style Type III PFD's (personal flotation devices) onboard our boats. If you have an inflatable PFD that you prefer, you are welcome to bring it. If you plan on bringing your inflatable PFD and will be traveling by airplane, you can visit your airline's website for the appropriate form needed to check the CO2 cartridge.

US currency: You will have one meal ashore (per week) for which you will be responsible. Docking fees for one night are paid for by SJS, however, should there be any additional docking (at the choice of all students and the instructor) the fees are split among the students and the instructor. We encourage anchoring for the learning experience. You'll also want to bring quarters if you intend to do laundry.